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Essen Health Care’s IMG Symposium opens doors to new frontiers for International Medical Graduates in New York State

Bronx, NY (December 14, 2016) -- Essen Health Care’s annual IMG symposium held at the Jacobi Medical center elicited a tremendous response from IMGs from all over the country. Physician leaders from diverse backgrounds came together to guide international medical graduates and shed light on how to navigate the complex world of the US healthcare system.



From left to right: Dr. Sahgal, Dr. Mehta, Dr. Jakubowicz.

The founder and Chief Medical Officer of Essen Healthcare, Dr. Sumir Sahgal led a panel of notable guest speakers that included Dr. Parag Mehta, Senior Vice Chairman of the Department of Medicine at Methodist Hospital, Dr. Shervin Mortazavi, Senior Medical Director of Essen Health Care Nursing Home Division, Dr. David Jakubowicz, President of the Bronx County Medical Society and Dr. Amit Saxena, Senior Medical Director of Essen Health Care Nursing Home Division. Dr. Sahgal’s passion for improving the quality of care in the underserved communities while paying it forward to the IMGs had been his underlying drive that propelled the growth of Essen Health Care from a single medical office in 1999 to now an integrated network of 170 plus providers

rendering patient services in office, house call, nursing home, hospital and urgent care settings in New York State.

“The road to residency could be an arduous one, the application and interview process even more so, apart from high test scores, US clinical experience, research publications and the year of graduation – all play a vital role in securing an interview”, said Dr. Parag Mehta. From years of experience in interviewing prospective residents, Dr. Mehta said, “Program directors seek well rounded candidates who can work with and be an asset to their team”.



Dr. Sumir Sahgal, founder and Chief Medical Officer of Essen Healthcare addressing the packed audience at the IMG symposium at Jacobi Medical center.



As a step towards boosting one's CV, Dr. Shervin Mortazavi presented the Essen Health Care Clinical Clerkship Program which offers hands on clinical experience to qualified IMGs. "In a field that is becoming very competitive, having a hands-on US clinical externship can be a game-changer", he said. With rotations ranging from primary care to various specialties and placed in diverse settings, the IMG gets a first-hand exposure to advanced care delivery models. Enthusiastic candidates can engage with Essen's Academic & Training division to publish research articles and network with their ever-expanding repertoire of providers across New York State.

In his address, Dr. David Jakubowicz, emphasized upon the significance of being a part of a group which provides support and information to their members. He encouraged the IMGs to become part of a Medical Society that shares knowledge freely and bestows useful insights to help plan for the future and advance their careers.

Dr. Amit Saxena introduced the Primary Care Pathway (former MD to NP Program), the most rewarding of Essen's vast arsenal of opportunities. Partnering with Lehman College, Essen has established a curriculum for this new career pathway tailored for IMGs that allows them to become licensed practitioners and provide primary care services in underserved communities. The Primary Care Pathway is now in its third successful year and will have 10 Nurse Practitioner graduates in 2018.

The symposium provided a great platform for IMGs to have their burning questions answered by experts who are shining examples for future generations of healthcare providers in the state of New York.



150 plus IMGs attended the Symposium at Jacobi Medical Center, Bronx New York.

The 2016 IMG Symposium was sponsored by Essen Health Care, Medical Society of the State of New York (MSSNY), Bronx County Medical Society and New York Research Education and Community Health (NYREACH).

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